

THE SMARTER CHOICE FOR

WOMEN



FROM LEFT

Chia-Chi Wang, D.O.

Middlesex Hospital
Cancer Surgeon

Kristen Zarfes, M.D.

Middlesex Hospital
Breast Surgeon

Andrea Malon, M.D.

Middlesex Hospital
Cancer Center Medical
Director, Breast/General
Surgeon

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First Selectwoman's Corner

We hope you all had a relaxing and enjoyable summer. The weather gave us lots of diversity with heat, rain, storms, and some beautiful days. I'm sure that many of you felt as I did - it just passes far too quickly!

In June, I attended the graduation ceremony of the Class of 2018, and was delighted that they had wonderful weather, allowing the graduation to take place outside. I was so impressed by the speeches given by graduating students, really indicating the wonderful bond the students have with each other. We are blessed to have a school community that fosters these relationships and does such a wonderful job educating our students. Congratulations to all of the graduates and their families on a job well done. Best wishes for success in their chosen continuing education and careers.

On July 23, 2018, a Special Town Meeting was held to vote on the appropriation for the 1.75 million dollars for the capital improvements to the Phoebe Griffin Noyes Library, as well as an Amendment to the Harbor Management Ordinance. The Meeting Hall at Town Hall was full and it was good to see so many people come out to vote. Both measures passed by a wide margin, and the PGN Library project will likely be done through this fall, with a completion some time in 2019. We are delighted to provide the library with this support, which also secures the grant of an addi-

tional one million dollars from the State of CT. The remainder of the project will be funded through fundraising efforts of the library, so we hope that you will individually support this campaign which will assure that our local library is up to date and efficient.

The annual Midsummer Festival was held on July 27th and 28th, and almost everything went beautifully!

The concert on the lawn of the Flo Gris Museum was enjoyed by many, the annual 5K run/walk and fun run was a great success, and the weather held out for the entire day of festivities. Everyone appreciated the new safety enhancements, with two crosswalks on Route 1 that had crossing guards to assure safety, and the police presence throughout the day of the event. The Old Lyme Town Band arrived on time to play before the fireworks - and then the rain made a late appearance. The band had to end early as their instruments and music books do not do well in the rain. The fireworks, which were loaded and ready to go, had to be set off by regulation, and a few of us stayed to watch them in the pouring rain. I heard that some people were able to see them from their

continued on page 3



Bonnie A. Reemsnyder
First Selectwoman

An advertisement for Saybrook Country Barn. The main image shows a white plastic outdoor dining set with blue cushions on a stone patio overlooking a swimming pool and a lake. In the background, there's a white house and a boat on the water. The text "Outdoor Furniture Built To Last" is overlaid on the top right of the image. The Saybrook Country Barn logo is in a dark blue box at the bottom right. Below the logo is the address "2 Main Street - Old Saybrook CT". At the bottom left, there's a phone number "860-388-0891" and the website "saybrookcountrybarn.com". At the bottom center, the slogan "Home is better when you love where you live." is written in a large, elegant font.

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First Selectwoman's Corner... continued from page 1

cars, but it was not an ideal viewing! Despite the rain - they were quite beautiful, and we are sorry that so many people had to miss them. For years, the weather has been good to us, so I guess we have to expect rain some time.

STILL IMPORTANT TO REMEMBER

The Town of Old Lyme continues to reach out to all residents to improve your efforts on recycling. All of us have an obligation to recycle ONLY acceptable materials, and then, only if they are clean. When we intermingle materials that are not acceptable, we pay additional fees and fines to our haulers. PLEASE HELP US TO IMPROVE OUR RECYCLING EFFORTS - acceptable, clean recyclables only! And remember that the blue bin for garbage is ONLY garbage - no grass clippings, branches, building materials, etc.

The Police Services Options Committee will continue meeting through the fall to assess the services and options for our police services. While we only met once through the summer due to scheduling challenges, we plan on inviting other parties to our meetings to speak about options. While we still had some challenges during our busy beach season, there was an improvement over past years. We will continue to listen and learn how to best address the needs of our community.

The Halls Road Improvements Committee presented an opportunity for the community to meet representatives from Yale Urban Design Workshop, the firm that will be assisting us in developing a master plan for Halls Road. Alan Plattus and Andrei Harwell of YUDW spoke to a group of about 60 residents who attended the meeting and discussed their recent work in other communities and how they would approach this opportunity. In addition, Bob Santos and Courtney Hendricsson from CT Economic Resource Center gave an overview of services that they could provide to our community. Finally, the audience was divided into groups to discuss some of their favorite streets that they have visited, and there was a discussion about the highlights of many of those places. YUDW will be working on some ideas, and provide another opportunity to meet residents and business representatives in the future. The meetings will be announced on the Town website through News and Announcements at: www.oldlyme-ct.gov. If you are not yet a subscriber, please go to the home page, and click on Subscribe - you will get email notification when important news is posted under News and Announcements.

The Historic Survey Committee has chosen Heritage Consultants out of Newington, CT to do the Historic Resources Survey for Old Lyme. The Town has received a grant through the State
continued on page 4

Dear Readers & Advertisers!

It is with great excitement that I announce the launch of Events Magazines' inaugural "The Last Word" segment.

WHAT IS "THE LAST WORD?"

"The Last Word" is a new feature article that will appear on the last page of all of our Events Magazines currently published in 13 Connecticut towns. Each quarter there will be a story about someone with Connecticut ties who has made major accomplishments not only in his/her professional field but also in the community. Our inaugural "The Last Word" segment for the third quarter of 2018 highlights NASCAR professional driver Joey Logano, who is a native of Middletown, CT. It touches on his racing career milestones as well as his work in Connecticut and around the country through the Joey Logano Foundation.

WHAT'S NEXT?

Well, I can't really give that away just yet. We've got some ideas in the works for the 4th quarter issue of Events Magazines.

COMMENTS AND FEEDBACK?

As always, we welcome your input and insights on how we can continue to enhance the magazines for the benefit of readers and advertisers alike. All of us at Events Magazines hope you enjoy our first-ever "The Last Word" feature. We look forward to continuing to serve the community through our Events Magazines!



William McMinn, Owner, Essex Printing & Events Magazines



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Selectwoman's Corner... continued from page 3

Historic Preservation Office (SHPO) of DECD to complete the Survey, and a committee has been working on an RFP. The survey will begin in September and continue through the fall, with a completion date of January 2019. We will post under News and Announcements when the survey is being done, and residents should not anticipate being disrupted by this survey. If you have any questions about the process, please either email or call the Selectman's Office.

Don't forget that we are in the midst of hurricane season, and while we have been fairly lucky since Super Storm Sandy, we should all make sure that we take precautions and prepare during this season. The Town has continued to drill over the years so

that we are well-prepared should a storm come our way. Now is the time to make sure that you have all the resources you need to weather any storm. And don't forget to make sure you are listed on our Old Lyme Alerts - you can go to the home page and click on the red banner at the top to register. It is quick and easy and assures that you will be notified during an emergency.

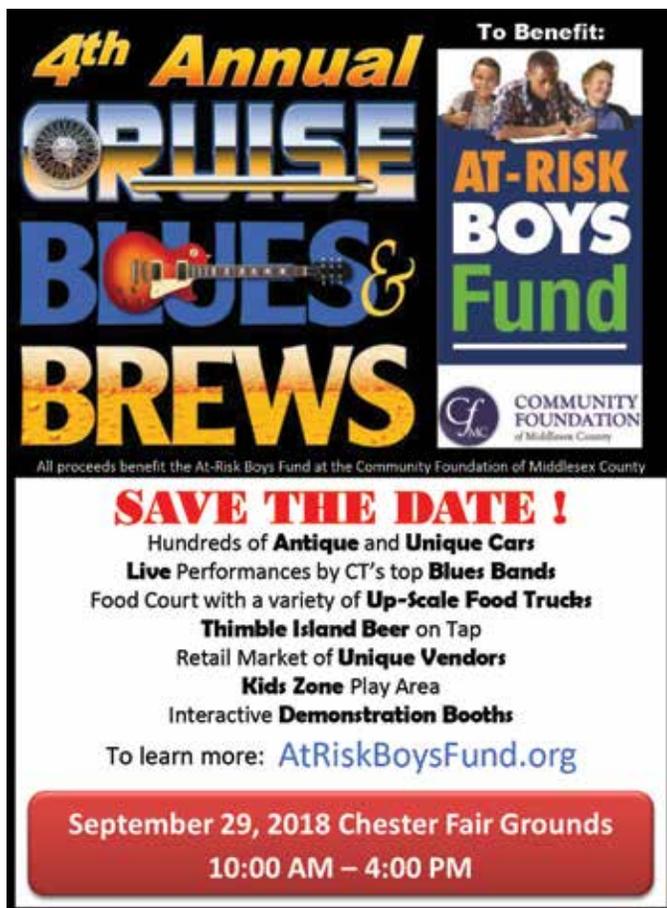
On behalf of the Board of Selectmen, I wish you all a safe and healthy fall of 2018.

Bonnie Reemsnyder
First Selectwoman

Did you know?

All Town of Old Lyme Elected and Appointed Officials as well as the 100+ Board, Commission and Committee volunteers abide by a Code of Ethics, which was adopted at an Annual Town Meeting in January 2008.

The Code of Ethics is Chapter 43 in the Town's ordinance book, which is available in the Town Clerk's Office or on the Town website at: www.oldlyme-ct.gov through the Town Clerk's page.



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Assessor's Office

ASSESSOR DEADLINES 2018

Did you know our Ownership and Assessment information is updated nightly? Is your mailing information correct? Check out our GIS mapping link on the Town website at: oldlyme-ct.gov.

The Assessor's office would like to inform residents of the following deadlines. All forms and proofs unless noted must be filed by **October 1st 2018** in the Assessor's office located at 52 Lyme St, Old Lyme CT 06371. Our office hours are Monday - Friday 9:00 am - 4:00 pm.

Assessment Date of Taxable Property for the Town of Old Lyme is October 1st of each calendar year.

Per Section 12-41 of the Connecticut General Statutes owners of tangible personal property, other than registered motor vehicles, such as commercial furniture, machinery and equipment, leased equipment, unregistered motor vehicles, camp trailers, etc., are required to file a personal property list with the Assessor. Declarations are required to be filed annually during the month of October. Failure to file prior to November 1, 2018 forces the Assessor, by law, to file the list and add a 25% Penalty (Sec. 12-42, PA 87-245).

Totally Disabled Persons are entitled to an exemption if they meet the requirements of Section 12-81(55) of the General Statutes, Please contact our office for acceptable forms of proof.

Any individual who is blind is entitled to an exemption under Section 12-81(17) shall provide proof to the Assessor.

Veterans must have filed a DD214 in the Town Clerk's office by September 30, 2018 in order to receive any of the applicable exemptions under Section 12-81. Sec. 12-81(g) provides for an increase in the property tax exemption amount granted to a qualified veteran if certain income requirements are met applications must be filed with the Assessor's office no later than October 1. Disabled veterans are eligible for an exemption in addition to the regular exemption with the filing of a disability rating from the Veterans Administration.

Under the Federal Service Member Civil Relief Act persons on active duty must present to the Assessor a current earning and leave statement or a letter from their commanding officer along with a yearly application for exemption. Any Servicemen on active duty claiming Connecticut as their legal residence must file prior to Dec 31st.

Property owners interested in claiming land as Farm, Forest

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or Open Space should file an application before October 31, 2018. No other extension of this filing period is available, failure to file within the prescribed time is a waiver of the right to the classification for the assessment year commencing October 1st. If you have recently purchased a property and do not know if this applies to you please contact our office to review. Contact us at: 860-434-1605 x218 & 219 or assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II, Assessor

Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED ON THE FOLLOWING HOLIDAYS IN 2018 | 2019:

- Monday, October 08, 2018 - Columbus Day
- Monday, November 12, 2018 - Veterans Day
- Thursday, November 22 and Friday, November 23, 2018 - Thanksgiving
- Tuesday, December 25, 2018 - Christmas
- Tuesday, January 01, 2019 - New Year's Day

Hours for most departments:

Monday through Friday, 9:00 am - 4:00 pm.

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Town Clerk's Office

Vicki Urbowicz, Town Clerk
Courtney C. Joy, Assistant Town Clerk

Congratulations!

We congratulate the following on their recent marriages:

APRIL

Peter John Kulas & Donna Marie Staab
Jonathan Victor Grossman & Lisa Marie Cates
Charles Ernest Koch & Jill Elizabeth Spencer
Gregory David Overfield & Nunthita Mokthonglang
Christopher Russell Goodison & Bonnie Jean Moquet
Joaquin Ernesto Ramos & Danielle Nicole Filosi

MAY

Brian John Kelly & Jennifer Marie Paolini
Michael Keith Wilkinson & Joni Marie Harper
Brian Alexander Tijnl & Jennifer Rose Sattizahn
Mark Brian Beatty & Tracy Lynn Goff
Dennis Alberto Diaz & Kristin Marie Khan
Thomas Gaston Gray & Lisa Ann Cantillon
Christopher Michael Rudnicki & Madeleine Griswold Haff
Joshua Nathaniel Ulmer & Samantha Grace Malone
Jeffrey Donald Wyse & Alison Elizabeth Couture



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- ✓ Invest in job training & higher education
- ✓ Support common-sense gun safety
- ✓ Support women & families with affordable healthcare and equal pay

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YOUR VOTE MATTERS

Paid for by Matt Pugliese CT, Donald S. Brodeur Jr., Treasurer. Approved by Matt Pugliese.

JUNE

Benjamin Allen Edwin & Robin Beth Smith
Brian Keith Stephens & Anna Maria Simpson
George Frederick O'Donnell & Kristy Ann Roberts
Shane Gerard Demuth & Magdalena Rucz
Philip Paul Rothkugel Sr. & Jacqueline Susan Ayuso
Michael Dominic DeMeola & Ashley Lynn Hebert
Steven Todd Santos & Carrie Ann Colarusso
Drew Gordon Lee Chapman & Jane MacMillan Kelly
James Edward Fasano & Blaire Lynn Michael
Blake Murphy Wadsworth & Anne Elizabeth Meyer

Joseph William Smith & John Douglas Lawson
Fulvio J. Magalhaes & Vera M. Gonsalves
Christopher Drew Darnell & Anna Remmers Spade
Andrew Douglas Buckmaster & Jaymie Diane Nickerson
Richard David Burr & Holly Lynn Wills
Michael Thomas Gervais & Gina Marie Lapila
Alexander Travis Klose & Katherine Lynn Hedberg
Oliver Michael Aurelia & Samantha Cody Steglitz
Jason Edwin Lyon & Sarah Frances Bochet

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

MARCH

Thomas Sheriden

Henry D. Sedgwick
Gasper F. Sagristano
George Wilford McLaughlin II
Francis Holloway

Helen K. Rozanski
Samuel Andrew Rand
Albert Fragione
Dino A. DaRos
Gloria Weitowitz
Roger M. Wright
Lucius Wilmerding III

JUNE

Ralph G. Griffin
Richard Henry Card
James F. Berryman
James Alan Carnell

APRIL

Salvatore Joseph Carpenteri
Helen J. Orzel
Barbara L. Smith

MAY
Jane Rayna Cornelius

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Chamber of Commerce



Lyme-Old Lyme Chamber of Commerce
Hosts Annual Dinner, Presents Scholarships,
Looks Forward to an Exciting Fall

The Lyme-Old Lyme Chamber of Commerce (LOLCC) held its Annual Dinner at the Old Lyme Country Club in late June. Chamber President Olwen Logan gave a review of the 2017-18 Chamber year reporting that their four main goals of the year had all been met or surpassed. These were to increase Chamber membership during the year; to issue a new Chamber Member Directory and Visitor's Guide; to secure space for the Chamber in Old Lyme Town Hall, and to arrange the restoration of the Chamber sign at the foot of the Exit 70 off-ramp.

A number of Chamber scholarships were presented by State Representative Devin Carney (R-23rd) and State Senator Paul Formica (R-30th). These were introduced by the Co-Chairs of the Scholarship Committee Russ Gomes and Olwen Logan.

The recipients of LOLCC 2018 Business Leadership Awards were Lyme-Old Lyme High School (LOLHS) seniors Mason Swaney and Amanda Marsh, while LOLHS Senior Brandon Lee was awarded the LOLCC 2018 Scholarship for Promise in the Arts. Also honored at the meeting were the four 2018 Business Students of the Month, namely Patrick Looney, Alex Montville, Ann Cote and Aoife



Above, the Lyme-Old Lyme Chamber of Commerce presented Senior Business Leadership Scholarships to Mason Swaney, left, and Amanda Marsh while Brandon Lee, right, was the recipient of the Chamber's Senior Scholarship for Promise and Achievement in the Arts.

Hufford. The Chamber was honored that the Co-Chair of the LOLHS Business Department Joanne Hedwall and the Chair of the LOLHS Art Department Will Allik were able to attend the dinner.

Chamber officers for the year starting July 1, 2018 are Rich Shriver, President; Joann Lishing, Secretary; and Tim Griswold, Treasurer. The Board of Directors will be Dan Henderson, Jean Wilczynski, Gene Chmiel, Doug LoPresti, Heather Gagnon, and Suzanne Thompson. Shriver thanked outgoing President Logan for

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Above, the Lyme-Old Lyme Chamber of Commerce honored the Chamber Business Students of the Month from the 2017-18 school year at their Annual Dinner. From left to right, State Representative Devin Carney (R-23rd), Aoife Hufford, Ann Cote, Alex Montville, Scholarship Committee Co-Chair Russ Gomes, State Senator Paul Formica (R-20th) and Olwen Logan, Chamber President and Scholarship Committee Co-Chair.



The Lyme Art Association graciously hosted the Chamber at our July Business After Hours event

her leadership and many accomplishments and also Gail Stevens for her work on the board of directors.

Chamber members participated in the Old Lyme Midsummer Festival in late July where they raised over \$200 for the Chamber's Scholarship Fund.

During the fall, our meetings will be held on the following Wednesdays, Sept. 19, and Oct. 17, and Nov. 14. The Sept. 19 event is a dinner meeting at The Hideaway in the Old Lyme Shopping Center on Halls Rd. at which there will be an engaging guest speaker. Reservations are required for the evening and can be made

online at the Chamber's website. The evening starts at 6:00 pm when we gather for cocktails. The cost for the evening including a three-course dinner is \$30.

The Oct. 17 meeting will be a Business After Hours from 5:30 to 7:00 pm graciously hosted by Threetrees Design Studio at 149, Boston Post Rd., Old Lyme.

Details of the locations for our Nov. 14 Business After Hours and our Holiday Party in December will be announced on our website at: www.VisitOldLyme.com. For details of Chamber news, meetings and other Chamber-sponsored events, visit the Chamber website at www.VisitOldLyme.com. You can also sign up for our e-newsletters and find our online membership form on the website.

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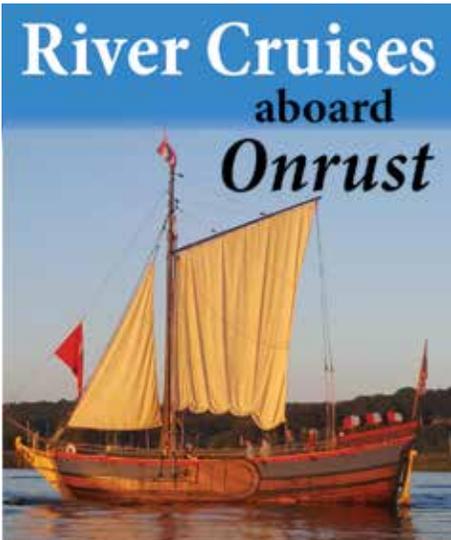
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Amy Tinker • ATinker@ExencialWealth.com

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Sunset Cruises
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Enjoy the Fall Foliage
Along the River

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ctrivermuseum.org

Light Up Old Lyme!

The Lyme-Old Lyme Chamber of Commerce will kick off **Light Up Old Lyme** on Friday, Nov. 30, at 4:00 pm with a tree-lighting ceremony, accompanied by holiday music and songs performed by the Lyme-Old Lyme Middle School Band and Choir. All are welcome to join town-wide holiday events & celebrations!

Child & Family Agency of Southeastern Connecticut's Cookie Walk is on Saturday, December 1, from 9:00 am to noon (or as long as the cookies last!), in the Old Lyme Town Hall on Lyme Street, along with LYSB's Santa. Also for sale will be sets of note cards depicting local scenes of Lyme and Old Lyme, ornaments, tote bags, and Child & Family Agency cookbooks.

LYSB'S PICTURES WITH SANTA

Saturday, December 1st, 10:00 am to 12:00 pm at Old Lyme Town Hall. Pictures are free, and donations are accepted for our Youth Advisory Scholarship Fund.

LYSB'S HOLIDAY GIFT WORKSHOPS

Festive Felt Stocking, Tuesday, December 11, 4:00 - 6:00 pm and Felt Holiday Ornaments, Tuesday, December 18th, 4:00 - 6:00 pm. Fee: \$25. Registration required.

LYSB'S GINGERBREAD HOUSE FAMILY WORKSHOP

Sunday, December 9th, 12:30 - 2:00 pm. An annual tradition. Fee: \$15/house. Please register.

LYME ACADEMY COLLEGE OF FINE ARTS STUDENT HOLIDAY ART SALE

Sill House Gallery

Opening Reception: Friday, December 7, 5:00 - 7:00 pm. Art Sale on View: December 7 - 14.

Deck the Walls is the Lyme Art Association's annual member show and sale featuring more than 200 works of art in all themes, sizes and mediums, well priced for holiday gift giving. Works by newly Elected Artists will be on view 11/16 - 1/4 in the Goodman Gallery. Opening Reception on Sunday, December 2, 2:00 - 4:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. \$5 donation suggested.

Florence Griswold Museum's Magic of Christmas

celebration is open November 23 through January 6! Enjoy Miss Florence's Artist Trees, designer Fantasy Trees, Christmastime Teas, special events for families, hands-on crafts for children and adults, and wonderful items in The Shop sure to bring holiday cheer!



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SUNDAY TICKET

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Middlesex Hospital Strengthens Breast Program

With the addition of nationally recognized breast surgeon Kristen Zarfos, Middlesex Hospital is investing in its breast program and enhancing the services it offers.

Dr. Zarfos joins Dr. Andrea Malon, medical director of the Middlesex Hospital Cancer Center, and Dr. Chia-Chi Wang, a surgical oncologist, as surgeons who treat women who have breast cancer. Together, the trio-with years of surgery experience between them-provide compassionate, individualized care, and they aim to strengthen an already robust breast program.

All three surgeons are part of the Middlesex Hospital Surgical Alliance, and their goal is to coordinate care in a way that helps patients better navigate cancer diagnoses and treatments-in a way that eases fears and makes the process a little easier.

Dr. Zarfos is no stranger to Middlesex Hospital. Her first job after residency was at Middlesex, where she worked from 1987 to 1999. During that time, she became a leader in the national fight to force health insurers to cover hospital stays for mastectomy patients, and she remains a passionate advocate for women's health issues.

Since early detection is key when it comes to all types of cancer, detection technology is at the forefront of Middlesex Hospital's breast program. The hospital offers 3D mammography machines at all of its Radiology locations. These 3D machines detect 40 percent more invasive cancers than 2D machines, which are no longer used by the hospital. Middlesex also offers dual-head molecular breast imaging, which uses a radioactive tracer to better detect breast cancer cells in women with dense breast tissue.

In addition, services like genetic counseling are available to Middlesex patients, and caring nurse navigators at Middlesex Hospital Cancer Center help patients throughout their experience. The Cancer Center has locations in Middletown and Westbrook.

To download previous issues of
Old Lyme Events
visit www.eventsmagazines.com
and download the issue you desire!

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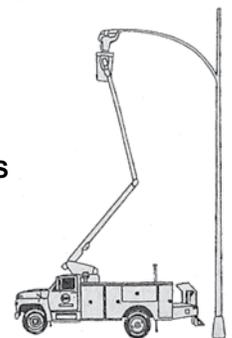
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Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Chris Kerr	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Information Technology		434-1605 x237
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Kazimera Morse	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marilyn Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225
OTHER AGENCIES		
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER	(860) 434-1605 x240
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE.....	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS - LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION - POST 41	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL	(860) 434-1651
MULTICULTURAL MAGNET (NEW LONDON)	(860) 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS.....	(860) 434-5232
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Transfer Station Information

Transfer Station/Landfill Hours. The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver's license and registration.

The Transfer Station will be closed on the following

Holidays: Thursday, November 22 and Friday, November 23, 2018 for Thanksgiving. The Transfer Station will be open at 8:30 am on Saturday, November 24, 2018.

BULKY WASTE AND DEMOLITION

Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with bulky waste or demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted.

Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Electronics are now accepted at the Transfer Station. Residents can bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

Trash and Recycling

Curbside trash removal is performed by Old Lyme Sanitation. You can contact us at: 860-434-3800. There is no trash pick-up on the following Holidays: Christmas (Dec. 25), New Year's (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving

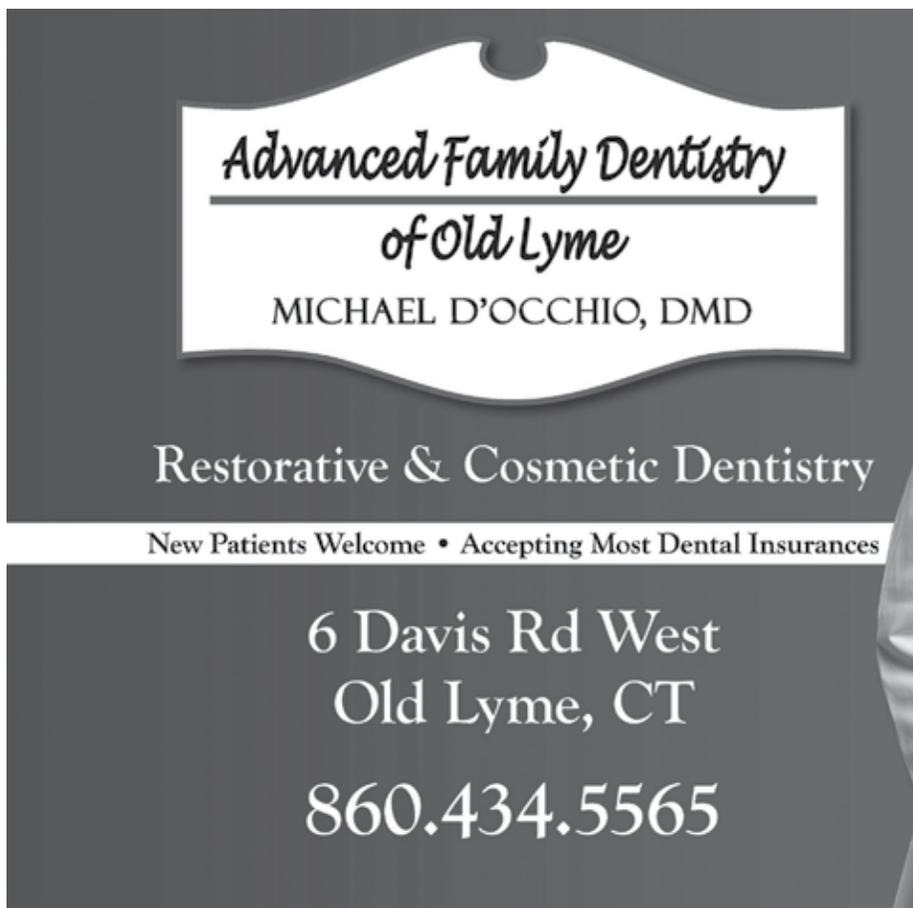
is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. Please be advised that Old Lyme Sanitation DOES NOT take off the same holidays as the Town does.

Please have trash container out at curbside by 6:00 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website: www.oldlyme-ct.gov - click the trash and recycling link. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

Curbside recycling is performed every other week by Old Lyme Sanitation. You can contact us at: 860-434-3800. There is no recycling pick-up on the following holidays: Christmas Day (Dec. 25), New Year's (Jan. 01), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town's website: www.oldlyme-ct.gov, as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

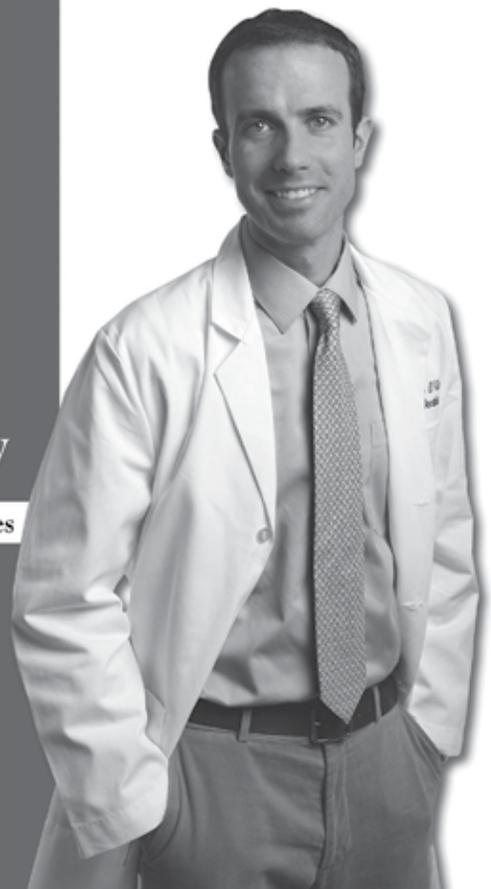


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What to do with Fallen Leaves

Our Public Works Director has advised us that some of our property owners may be confused about what to do with fallen leaves. **The Town of Old Lyme does not provide residential leaf pick up.**

Some property owners contract with local landscapers for leaf removal. Others compost the leaves on their properties. Many rake & bag their leaves, and bring them to the Transfer Station on Four Mile River Road. The minimum charge for disposal is \$5 and residents must empty and remove leaf bags.

Keeping storm drains clear is a matter of public safety.

Town crews clear storm drains of debris, including the small quantity of leaves that may blow into the drain area. We ask that residents do their part, as well, to prevent leaves and brush from their properties from settling in the street and near storm drains. Thank you for your cooperation.

Streetlights

REPORTING STREETLIGHT PROBLEMS

When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to the following link:
<http://tankolighting.com/oldlymemaintenance/>

The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!

*Want to Reach Every Home
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The Old Lyme Conservation Commission

KNOW THE SOURCE OF THE FOOD ON YOUR TABLE

The area of food is particularly fraught with opposing opinions-where it comes from, how it is being grown and processed, what chemicals are added, and the results. However, if you want to make different decisions about the food you purchase for your family, watch a recent NETFLIX series.

Rotten is a six-part documentary that is a hybrid of activist documentary and true crime series. Each episode covers a different part of the food industry: bees, peanuts, garlic, chickens, milk, and fish. While the horrors of industrial meat production have been publicized, **Rotten**...also looks at pantry products you might never think about, such as honey and garlic.

According to a review in GQ magazine, **Rotten** scrutinizes...cost-cutting multinational corporations... and the crimes, frauds, and horrors of the food in your fridge. You'll learn that the honey you squirt in your tea is adulterated with cheap syrup and that people are three times as likely to be hospitalized for food allergies now as they were 20 years ago.



The article admits that, while **Rotten** is not the best documentary you'll ever watch... It is worth watching because it exposes corruption and questionable-practices from the farm to the dining room table. The overall message: cost-cutting corporate food production causes countless problems, and if there is a solution it lies in sustainable organic farming that can "minimize cruelty, but still generate profits." (gq.com/story/true-crime-netflix-documentary-rotten).

From TV Guide ...as the number of bees declines..., secret additives, hive burglars and other dubious practices are becoming the norm. (tvguide.com/tvshows/rotten/episode-1-season-1/lawyers-guns-honey/1148672/)

FALL ACTIVITIES AT LYME SHORES

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Local Excellence (ages 10-12)
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Future Stars (ages 7-9)
Tue. & Thu., 4-5pm

Tournament Tough (ages 13-15)
Mon. & Wed., 4-5:15pm

Team Connecticut
Mon. & Wed., 5:15-6:30pm
For competitive junior players

High School
Boys- Fri., 3:30-5pm
Girls- Sat., 9-10:30am

Junior Point Play Drill
Thurs. 5-6:30pm



Adult Programs

Drop in to our fitness, pickleball and tennis programs!



Strength & Balance
M/W/F, 10am

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Tue., 9-11am

Stability Ball
Mon., 8am

Intermediate Tennis Drills
Mon., 10:30am-12pm

Circuit Training
T/Th/Sa/Su, 8am

NTRP Tennis Drills
Sat., 10:30am-12pm, All levels

Cardio & Strength
Fri., 8am

Cardio Tennis
Wed., 6-7pm, All levels

Drop-in Pickleball
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Thurs., 1-3pm

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Old Lyme Phoebe Griffin Noyes Library

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www.oldlyme.lioninc.org

The Old Lyme - Phoebe Griffin Noyes Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive story times for babies and toddlers to hand-delivering novels to homebound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

Children's Events

Julie Bartley/Children's Librarian

jbartley@oldlyme.lioninc.org | 860-434-1684 x114

Toddler Time Tuesdays (Recommended for ages 2-5):

Tuesdays at 10:30 am, Oct. 2, 9, & 30; Nov. 6, 13, & 27;
Dec. 4, 11, & 18

Baby Time Thursdays (Recommended for ages 0-2):

Thursdays at 10:30 am, Oct. 4 & 11; Nov. 1, 8, 15, & 29;
Dec. 6, 13, & 20

Sweet Beats Family Music

(Recommended for kids and adults of all ages):

2nd Wednesday of the month, Oct. 10, Nov. 14, & Dec. 12
at 5:30 pm

NUTMEG BOOK CLUB (Recommended for kids ages 7-10):

Thursdays, Oct. 18 & Nov. 15 at 4:00 pm. Registration required.

Tentatively scheduled titles are:

Ada's Violin: The Story of the Recycled Orchestra of Paraguay.

Pink is for Blobfish: Discovering the World's Perfectly Pink
Animals.

Spooky Cinema—Goosebumps & Glow!:

Wed., Oct. 3 at 4:00 pm. Registration required.

This spooky film is rated PG with a running time of 103 minutes. All glow-in-the-dark materials and popcorn will be provided.

Spooky Creatures! With the Denison Pequotsepos Nature Center:

Wed., Oct 24 at 4:00 pm. Snakes, bats, spiders and skunks are some of the many animals that get an undeserved reputation for being scary. Have a chance to meet some of these animals in a safe environment and learn why they are awesome!

HALLOWEEN FESTIVITIES AT THE LIBRARY!:

Wed., Oct. 31. Haunted Book Cellar from 3:00 -6:00 pm:

Creep downstairs and make a pass through our slightly scary Book Cellar...if you DARE!

Trick or Treat at the Library from 5:00 -7:00 pm:

Make the library one of your Trick or Treat destinations as you head down Lyme St.

Election Day:

Tues., Nov. 6 from 10:00 am - 5:00 pm.

Kids can vote too! Stop into the Children's Room and vote for your favorite author. Pick up an "I Voted" sticker and wear it with pride!

Cursive Writing Workshop (For kids grade 3 and up):

Wednesdays at 4:00 pm, Nov. 28, Dec. 5, 12, & 19.

Registration is required.

Join us for this 4-week program on the lost art of cursive writing! We will practice the standard cursive alphabet while developing our individual styles and signatures.

Holiday Book Sale Children's Event:

Sat., Dec. 1 from 11:00 am - 12:00 pm.

Come shop the amazing deals of the Book Cellar Holiday Sale while the kids are entertained in the Children's Room! Stay tuned for further details on the website calendar.

For complete details, visit our website at: www.oldlyme.lioninc.org.

Teen Events

Nike Desis/Young Adult Librarian

ndesis@oldlyme.lioninc.org | 860-434-1684 x116

Check out our online calendar for the most up-to-date event listings and to register for our programs. Find us at: www.oldlyme.lioninc.org/events.

Do you and your friends love Halloween? So does the library! And we're looking for Halloween helpers in grades 8 and up! We're doing costume making, trick-or-treating, and the Haunted Cellar! Stop in and introduce yourself or submit an application on the Teen page of the library's website: www.oldlyme.lioninc.org/tlcapp.

Clothing Swap:

Fri., Oct. 12 from 2-5 pm.

Need some new clothes for the new season? Gathering the elements of your Halloween costume? Come to the clothing swap and find what you need, or didn't know you needed, all for free! Just bring a bag of things you no longer wear, and let someone else have a turn with them.

Graphic Language: A Graphic Novel Book Club:

Tuesdays, Oct. 16, Nov. 27, & Dec. 18 at 3:30 pm

For readers in grades 5-8 and advanced 4th grade readers too. October's meeting will include a special visit from Jon Buller, author of *Travels of Thelonious*.

Costume Making:

Tues., Oct. 23 and Thurs., Oct. 25 from 3:00 -5:00 pm.

We've got glue guns, sewing machines, helping hands, and lots of raw material to work with.

Haunted Cellar Helping Hands:

Mon., Oct. 29 and Tues., Oct. 30 from 3:00 -5:00 pm.

Halloween helpers in grades in 8 and up, we need you to help put together the second annual Haunted Cellar.

Haunted Cellar:

Wed., Oct. 31 from 3:00 -6:00 pm.

Harry Potter Game Night:

Thurs., Nov. 8 from 3:00 -5:00 pm.

Light-Up Wand Making: Part 1 & 2:

Mon., Nov. 12 and Tues., Nov. 13 from 3:30 - 5:00 pm.

Registration and attendance at both sessions required.

Not just for Harry Potter fans! Make a magic wand...and then, with the assistance of makers from Spark Makerspace in New London, CT, make your wand light up on command with an LED light! For 4th graders and up, limited to 10 registrants.

Spirited Giving:

Thurs., Dec. 6 from 3:30 - 4:30 pm.

Be creative, be generous! We'll be making a thoughtful holiday handicraft to be shared with elders in our community.

Hot Cocoa Bar & BYO Mug:

Fri., Dec. 14 at 3:30 pm.

We'll provide buffet of add-ons, stir-ins, and garnishes to make

a most instagramable hot chocolate, and you bring your own mug.

Adult Events

Katie Huffman/Director

khuffman@oldlyme.lioninc.org | 860.434.1684 x110

Phoebe's Morning Book Chat:

Second Thursday of the month at 11:15 am.

Oct. 11: Pachinko by Min Jin Lee;

Nov. 8: The Muralist by B.A. Shapiro;

Dec. 13: The Story of Arthur Truluv by Elizabeth Berg.

Contemporary Classics Book Discussion:

First Monday of the month at 7:00 pm.

Oct. 1: Lincoln in the Bardo by George Saunders;

Nov. 5: A Piece of the World by Christina Baker Kline;

Dec. 3: The Refugees by Viet Thanh Nguyen.

FACE TO FACE WITH BOB POTTER:

How Great Artists Transformed the Art of the Portrait-Manet to Warhol:

1st Thursday of the month at 6:30 pm. Registration requested.

This 3-part lecture series will explore the ways in which the portrait provides a unique expression of and visual insight into the personalities and the worlds in which both the artist and their subjects lived.

continued on page 20

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Library... continued from page 19

- **October 4: From Manet to Van Gogh:**
The Impact of Impressionism on the Art of the Portrait
- **November 1: When the Camera and Palette Collided:**
The Portrait Reimagined in Photography, Dreams and Painting
- **December 6: Pop Goes the Portrait:**
Breaking and Remaking the Rules of the Portrait

Living Organ Donor Donation-True Heroism:

Thurs., Oct. 18 at 7:00 pm.

Dr. David C. Mulligan, nationally and internationally recognized Professor of Surgery and Chief of Yale's Organ Transplantation Program, will discuss the up-to-date evolution of transplantation, including live donation. Following his remarks a panel of local donors and recipients will talk about their life-altering experiences. Registration requested.

Save the Date-Annual Holiday Book Sale:

Friday, November 30 & Saturday December 1.

Check our website at: www.oldlyme.lioninc.org for more events and complete details.

SIGN UP FOR OUR E-NEWSLETTER at: www.oldlyme.lioninc.org

The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events, and announcements.

Phoebe's Bookcellar

Wednesdays 10:00 am - 6:00 pm

Saturdays 10:00 am - 2:00 pm

Contact us at: 860-434-1684 x117

The BookCellar is a highly successful used book store - Old Lyme's only bookstore - managed by the volunteer Friends of the Library and housed on the Old Lyme Library's lower level.

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Nature Program at Lyme-Old Lyme Elementary Schools

ROGER TORY PETERSON ESTUARY CENTER PROVIDES SCIENCE IN NATURE PROGRAM AT LYME-OLD LYME ELEMENTARY SCHOOLS

The Connecticut Audubon Society's (CAS) Roger Tory Peterson Estuary Center in Old Lyme provided its award-winning Science in Nature Education Program to Lyme-Old Lyme elementary school classrooms in the 2017-2018 school year at Mile Creek and Lyme Consolidated Schools for the second consecutive year. The program served the 251 students and their teachers in the third through fifth grade.



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Above, Mile Creek fourth grade students sketch a pond as part of the Science in Nature program. Inset, The Science in Nature program teaches elementary students how to take water temperatures and test water quality.

The CAS's Science in Nature programs consist of hands-on, inquiry-based activities that relate to earth and life sciences, ecology, conservation and citizenship. These programs are an invaluable resource for building student and teacher learning capacity by providing opportunities to enhance critical thinking skills, using and designing models, and developing evidence-based explanations of natural phenomena.

The Lyme-Old Lyme Science in Nature program was specifically tailored for Connecticut River Estuary study, allowing students to explore their unique ecosystems, and to appreciate the important environmental issues local to them, while engaging in their intensive hands-on study of science topics including weather and climate, bird ecology, wetland ecology and geology. Field studies took place either on school grounds or in local natural spaces near each school at the Mile Creek Preserve and the Jewett Preserve.

The CAS focus is on both the Connecticut student experience and on building teacher capacity to be science educators. Emphasis is placed on teacher support throughout the entire program, which is a critical feature in the current climate of high stakes testing. Science in Nature is curriculum-based, linked with classroom lessons, with materials driven by teachers' current science lessons. All content is developed only for Connecticut students using Connecticut place-based experiences.

Ian Neviaser, Superintendent of Lyme-Old Lyme Schools, has fully endorsed the program. He said, "The Science in Nature program has been extremely beneficial to both the students and staff. With the introduction of the Next Generation Science Standards, we could not be more pleased to have the opportunity to provide our students with 'hands on' science experiences. We are grateful to the Roger Tory Peterson Estuary Center for all of the work they have done to put this amazing program in place."

Lyme-Old Lyme Schools welcome students from all communities. If you have any questions about Lyme-Old Lyme Schools or would like to know more about the tuition program for students who do not reside in Lyme or Old Lyme, please contact Superintendent Ian Neviaser at: 860-434-7238, ext. 3603.

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Lymes' Youth Service Bureau



59 Lyme Street, Old Lyme, CT 06371
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PLAYGROUPS at Lymes' Youth Service Bureau

Starting the week of September 10th. LYSB offers a variety of playgroups based on child's age and interest. For a full description of our groups visit our website www.lysb.org

BOOK NOOK MULTI-AGE PLAYGROUP

Mondays Sept. 10th - Oct. 15th. No group 10/8, 5 weeks.
Group A: 9:15 am - 10:30 am. Group B: 10:45 am - 12:00 pm.

SENSORY STATIONS MULTI-AGE PLAYGROUP

Mondays, Oct. 22nd-Dec. 3rd. No group 11/19, 6 weeks.
Group A: 9:15 am - 10:30 am. Group B: 10:45 am - 12:00 pm.

NURSERY RHYMES FUN

Tuesdays, 9:45 am - 10:45 am.
Ages: around 12 months up to age 2
Sept. 4th - Oct. 9th, 6 weeks.
Oct. 16th - Dec. 4th, No group 11/20. 7 weeks.

BABIES GROUP

Tuesdays, 11:00 am - 11:45 am.
Ages: Newborn - 12 months.
Sept. 4th - Oct. 9th, 6 weeks.
Oct. 16th - Dec. 4th, No group 11/20. 7 weeks.

MUSIC AND MOVEMENT WITH MISS MELANIE

Wednesdays, 9:30 am - 10:15 am. Ages 2.5 and up.
Sept. 5th - Oct. 10th 6 weeks.
Oct. 17th - Dec. 5th. No group 11/21. 7 weeks.

MAKE IT & TAKE IT PLAYGROUP!

Wednesdays, 10:15 am - 11:30 am. Ages 2.5 and up.
Sept. 5th - Oct. 10th 6 weeks.
Oct. 17th - Dec. 5th. No group 11/21. 7 weeks.

THURSDAY PLAYGROUP DESCRIPTION AT: www.lysb.org.

Sept. 6th - Oct. 11th, 6 weeks.
Oct. 18th - Dec. 6th. No group 11/22. 7 weeks.

FRIDAY PLAYGROUP

Sept. 7th - Sept. 28th 4 weeks.
Oct. 12th - Dec. 7th. No group 11/23. 7 weeks.

CAR SEAT SAFETY CHECK

Did you know only one out of five cars seats are installed correctly? If you have questions about recalls, booster seats, forward facing, airbags, and many more please schedule your personal 30 minute appointment. Your child must be present unless you are expecting. Contact LYSB.

YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday 7:00 - 8:00 pm, starting September 12th. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! Just show up, fun is guaranteed!

MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday 2:15 - 4:00 pm at LYSB, Beginning on September 4th. This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$50/year. Register online.

ELEMENTARY AFTER SCHOOL CLUB

(Grades 2-5) Every Wednesday 3:30 - 5:30 pm, starting September 12th. Fee: \$150/year. Come to the LYSB Etherington Activity Center to hang out with your friends and participate in a variety of fun activities. We'll do arts and crafts projects as well as play basketball, pool, Wii, and much more! Snacks and refreshments are provided. Students from Mile Creek and Lyme Schools will take the bus directly to LYSB. Register online.

RUN LIKE A GIRL

A group running program for girls age 8 and up, training for a 5K finale! Saturdays at: 9:30 am - 11:00 am, starting September 15 through December 1. Meet at various locations in L/OL for a group run followed by half hour meeting. We will cover lessons such as: embracing differences; stretching; nutrition; dealing with injuries; "your look"; team spirit; stress relief; goals and plans. Pre-Register. Ages 8 and up.

SITTER SAFETY CLASS

Four Mondays: November 5, 12, 19, 26 2:15 - 4:00 pm. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register.

CPR FOR BABYSITTERS

Monday, December 3, 2:15 - 3:45 p.m. Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help

kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this 2-hour class. Class cost is \$55 and awards a Certificate of Completion. Pre-register.

ENGINEERING AFTER SCHOOL WITH ENGINEERING IMAGINATIONS LLC - ASPIRING YOUNG ENGINEERS!

For Ages 5-8:

September 13/20/27/ October 4/11/18, 4:00 - 6:00 pm

For Ages 9-14:

November 1/8/15/29/ December 6/13

(note: no class on November 22), 4:00 - 6:00 pm

Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum.

Participants will use a variety of mediums such as recycled materials, salvaged motors and gears, balsa wood, LEGO®, and more. With activities ranging from bridges, to rockets, to green engineering, participants are sure to have a blast while learning fundamental engineering terms and concepts along the way! Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Fee \$120/ six week session. Register.

SEWING WORKSHOPS!

Fantastic Fall Sewing

Tuesdays, October 2, 9, 16 & 23, 4:00 - 6:00 pm.

Let's get sewing! With fall as our theme we'll sew and embroider pillows, tote bags, and stuffed animals. You'll learn machine and hand sewing embroidery and appliqué. Suitable for Beginning and experienced sewers. Ages 8 and up. Fee: \$100. Register.

Sewing Explorations

Tuesdays, November 6, 13, 27, December 4, 4:00 - 6:00 pm.

Here's your chance to learn machine and hand sewing techniques while making a zippered purse, fringed scarf and soft and cuddly pillows. Beginners and experienced sewers welcome. Ages 8 and up. Fee \$100. Register.

MENTORING PROJECT

LYSB and the Lyme-Old Schools are looking for adult mentors to work with middle & elementary school students on a weekly basis in the school setting. If you are interested in making a difference in the life of a young person, please contact LYSB to learn more.

HALLOWEEN PARTY & COSTUME PARADE

Wednesday, October 31.

Party: 5:00 - 6:00 pm, Costume Parade: 6:15 pm.

LYSB hosts an annual Halloween Party for children ages 12

continued on page 24



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Lymes' Youth Service Bureau... continued from page 23

months through 2nd grade. This is a free, fun family event offering games, crafts, photo booth fun, face painting, and more. All "little goblins" must be accompanied by an adult. The traditional costume parade will leave the firehouse at 6:15 pm when all party participants can march down Lyme St. behind a fire truck!

LYSB HOLIDAY PARTIES

Sunday, December 2nd, 5:00 - 7:00 pm.

LYSB's annual fundraiser that brings neighbors together to celebrate the beginning of the holiday season while raising funds for our holiday giving program. 30 simultaneous parties throughout Lyme and Old Lyme are now being planned and we want to make sure you get an invitation. If you are interested in hosting a party, or adding your name to the invite list, please contact us.

PICTURES WITH SANTA

Saturday, December 1st, 10:00 am - 12:00 pm at

Old Lyme Town Hall

Pictures are free, and donations are accepted for our Youth Advisory Scholarship Fund.

HOLIDAY GIFT WORKSHOPS

Festive Felt Stocking,

Tuesday, December 11, 4:00 - 6:00 pm.

Let's get into the holiday spirit! Design and appliqué a festive holiday stocking using colorful fabric, buttons sequins and embroidery floss. Fee: \$25. Take the bus to LYSB. Register.

Felt Holiday Ornaments

Tuesday, December 18th, 4:00 - 6:00 pm.

Felt tree ornaments to brighten your holiday! Snow people, candy canes and more! Colorful felt, sparkling sequined and buttons will be used to complete your creations. Great for gift giving! Fee: \$25. Take the bus to LYSB. Register.

GINGERBREAD HOUSE FAMILY WORKSHOP

Sunday, December 9th, 12:30 - 2:00 pm.

An annual tradition... Bring the family (and your camera) to LYSB to create your gingerbread masterpieces and leave the mess with us! Fee: \$15/house. Please register.

LYME-OLD LYME PREVENTION COUNCIL CASFY:

Community Action for Substance Free Youth

Meets on the 1st Tuesday of the month at 7:00 pm at LYSB.

Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

SURVIVORS OF SUICIDE LOSS SUPPORT GROUP

OF SOUTHEASTERN CT

Meeting times: 1st & 3rd Thursday of each month

6:30 pm at LYSB.

Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process.

YOUTH JOB BANK

Do you need a babysitter? Yard work needing to be done?

Dog walking? Odd Jobs? Call LYSB to hire local youth who are interested in working for you! L/OL youth in grades 6-12 who are interested in adding your name to our Job Bank, fill out an application on our website.

Lymes' Youth Services Bureau Acquires an AED

Lymes' Youth Services Bureau (LYSB) is happy to announce the acquisition of an Automated External Defibrillator (AED) installed in its main Activity Center on Lyme Street. The addition of the LYSB's new AED contributes to the growing number of readily available lifesaving tools and skills that are part of the Connecticut Department of Public Health's "HEARTSafe Community" award to the Town of Old Lyme.

Critical Skills Education & Training owners Colleen Atkinson and Doug Lo Presti are local Emergency Medical Technicians and American Heart Association Instructors who have

coordinated the Town's HEARTSafe Community award through three renewals, continuing the placement of AEDs and training of hundreds of individuals who live and work in Old Lyme. Training consists of Adult, Child and Infant CPR, use of an AED and relieving an obstructed airway.

The purchase of the AED was funded partially by contributions made by Critical Skills through classes held at LYSB but the principal contribution came from the non-profit group CT Trailmixers, a Southington-based trail running club whose members are passionate about sharing the love and use of trails in the state of

Connecticut. The Trailmixers' mission also includes making donations to a variety of causes and organizations, including the Southington YMCA and the Connecticut Forest & Parks Association. Proceeds also go to the CT Trailmixers' Shoe Scholarship Program which, in partnership with Fleet Feet West Hartford, gives free shoes to kids in need who want to run cross-country or track in school. Michael Lo Presti, founder and President, reached out to Critical Skills for candidates and LYSB was suggested.

The Trailmixers' generous donation put the fundraising effort over-the-top and the AED was purchased and installed in May.



Members of CT Trailmixers club celebrating LYSB's installation of the Automated External Defibrillator with Director Mary Seidner.

This is a Public Access Defibrillator (PAD), and is available to trained and untrained bystanders alike in case of emergency. LYSB is committed to providing services to the people who live, work and play in our Town and has been a central point of service for generations of children. The acquisition of the AED helps to ensure the best care for the existing population and for generations to come.

In addition to LYSB, Public Access Defibrillators in Old Lyme are located in Town Hall, the Library, Town Woods Park, SNAP Fitness, Old Lyme Wellness, Soundview Community Center, Old Lyme Country Club, Black Hall Golf Club, Mile Creek School, Old Lyme Middle School, Center School, LOL High School, Saint Ann's Episcopal Church, First Congregational Church, L & M Primary Care, Old Lyme Senior Center and Old Lyme Beach Club.

Anyone interested in acquiring an AED or in American Heart Association CPR/AED training may call Critical Skills at: 860-304-8471, 860-391-3779 or visit us at: www.criticalskillseducation.com.

Expanding Veterans' Benefits



This past legislative session, the General Assembly unanimously passed SB 284: An Act Concerning Benefits for Certain Veterans Who Have Been Diagnosed with Post-Traumatic Stress Disorder or Traumatic Brain Injury or Who Have Had an Experience of Military Sexual Trauma. This legislation expands certain veterans' benefits to former service members with an "other-than-honorable" discharge who have a "qualifying condition." A "qualifying condition" means diagnosis of post-traumatic stress disorder or traumatic brain injury made by, or a military sexual trauma experience disclosed

to, an individual licensed to provide care at a U.S. Department of Veterans Affairs facility. The Department of Veterans Affairs will have a form on its website that veterans can take to a VA hospital or a veterans' center for certification.

The legislation includes, but is not limited to, extending the following benefits to **continued on page 26**



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Veteran's Benefits... continued from page 25

veterans who meet eligibility: preference for certain affordable rental housing, state high school diploma exam fee waivers, tuition waivers for Connecticut public colleges and universities if the veteran served in time of war, certain property tax exemptions, veterans status on driver's license and identity cards, and certain assistance programs that assist veterans and their families with finances, healthcare, and food. As under existing law, some of these ben-

efits are limited to veterans with war time service. Prior to this legislation, these special benefits were only available to veterans who were honorably discharged or released under honorable conditions from active service in the armed services.

About 800 Connecticut veterans will be positively impacted and will be able to get the assistance they need and deserve. This law is set to go into

effect on October 1, 2018. For a full list of benefits or additional information about this legislation or any other state-related questions or concerns, please contact my office at devin.carney@cga.ct.gov or 860-270-8700.

Devin Carney,
State Representative
Lyme, Old Lyme, Old Saybrook,
Westbrook

Estuary Council Regional Senior Center

220 Main Street, Old Saybrook, CT
860-388-1611

The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at: www.ecsenior.org for additional information or call us at: 860.388.1611.



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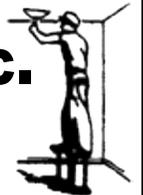
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From the ADA Committee

ADA STANDS FOR AMERICANS WITH DISABILITIES ACT OF 1990.

The Town of Old Lyme has an ADA coordinator and a committee that meets every other month.

Did you know that the Town Hall has a wheelchair available for use while you are in the building? If this would be a help to you, or someone you are with, please contact the Selectman's office in person or by phone 860-434-1605 ext. 212. You can also e-mail us in advance at: selectmansoffice@oldlyme-ct.org.

We are working on procuring assistive listening devices that can be used with the sound system in the meeting hall.

If you haven't already done so, check out the new accessible playground at Cross Lane.

Another project on our agenda is to enhance accessibility at our Town beaches and parks. You may have seen or heard of blue "rec paths" in other shoreline communities, including our neighbor East Lyme. These Mobi-Mats are "an eco-friendly, high quality, outdoor access surface which brings tactical agility to unstable grounds for aging people with walkers or canes, wheelchair-bound people, and parents with strollers." They are long mats that extend from the parking lot to the water's edge. We are seeking donations to purchase at least one Mobi-Mat for White Sand beach, with the hope of purchasing additional mats for other Town parks in the future. If you or your organization would like to make a donation, please contact me.

Jennifer Datum, ADA Coordinator,
860-434-1605 ext. 228
socialservices@oldlyme-ct.gov

VISIT Old Lyme! www.oldlyme-ct.gov

Old Lyme is a community of some 8000 permanent residents and an additional several thousand seasonal visitors who occupy a shoreline complex of summer residences. Located on the east bank of the mouth of the Connecticut River where it meets Long Island Sound, the town is marked by independence, volunteering, and a long-standing commitment to the arts.



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Lymes' Senior Center

Membership is now open to seniors

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Call 860-434-1605 ext. 240 to register or for more information on becoming a member.

CHECK OUT our "new" southeastern Connecticut senior center website for upcoming events at:

<http://seniorcenterct.org>

Upcoming Classes - To Sign Up Call: 860-434-1605, ext. 240

MUST BE A MEMBER TO SIGN UP - ALL CLASSES MEET ONCE A WEEK

CLASS	DATE OF FIRST CLASS & TIME / DURATION	COST
Gentle Vinyasa Flow Yoga	August 27th at 8:00 am/ 4 Week Session	\$20.00
NEW Fitness Fusion	August 28th at 5:00 pm/ 5 Weeks	\$25.00
Gentle Piyo AM Class	August 31st at 8:00 am/ 5 Week Session	\$25.00
Outdoor Yoga	September 5th at 4:30 pm /6 Week Session	\$38.00
Beginner Country Line Dancing	September 7th at 2:30pm/ 6 Week Session	FREE
Latin/ Ballroom Line Dancing Class	September 13th at 10:45 am/ 6 Weeks	TBD (\$35.00- \$40.00)
Beginner Tap Class	September 13th at 10:00 am/ 6 Weeks	\$24.00
Intermediate Tap Class	September 13th at 10:45 am/ 6 Weeks	\$24.00
Sit n Be Fit	Drop in & ongoing Tuesdays at 10:00 am	FREE
Balance and Tone Class	Drop in & ongoing Fridays at 10:30 am	\$5.00 a class
Exercise with Kathy	Drop in & ongoing Mon. & Wed. at 10:30 am	\$5.00 a class
Tia Chi	ON HOLD UNTIL OCTOBER	\$95.00
Hiking with John T	September 7th 9:00 am/8 Weeks	FREE
On Location Watercolor Sketching	September 11th from 10:00 am-12:00 pm/ 6 Weeks	\$40.00
Drawing with Colored Pencils	September 10th from 10:00 am-12:00 pm/ 6 Weeks	\$40.00

COMPUTER CLASSES: -PLEASE SIGN UP EARLY-

Streaming - Cutting the Cord on Cable Pt 1	September 10th from 1:00 - 2:00 pm	FREE
Streaming - Cutting the Cord on Cable Pt 2	November 5th from 1:00 - 2:00 pm	FREE

The following are already scheduled free special events/ lectures (unless noted otherwise) that will take place at the Lymes' Senior Center from September 4th - December 20th 2018. Please check website listed above for additions and changes to the events listed below.

• NEWLY RELEASED MOVIE:

- Black Panther on September 4th at 12:45 pm
- The Best of the 60s Show with Jose Paulo on September 5th at 1:00 pm
- Lyme Street in the 50s on September 11th at 1:00 pm
- 10 Most Important Events of the 20th Century on September 12th at 1:00 pm
- Fall Prevention on September 18th at 1:00 pm
- 6th Annual Nonagenarian (90+) Celebration on September 25th at 1:00 pm
- Tribute to Hollywood on September 26th at 1:00 pm
- Snack and Learn: Questions you were afraid to ask your Pharmacist about Everything as well as tips for diabetes management and Care Co's Happy Feet on October 2nd at 1:00 pm

- Tea with Amelia Earhart on October 3rd at 1:00 pm
- Regional Event Senior Prom - Under the Sea is on Friday, October 5th from 11:30 am to 3:00 pm at the Port-n-Starboard located at Ocean Beach. Tickets are \$20.00, and can be purchased at the Senior Center before September 21st.
- "The Beautiful Estuary We Live In" Slideshow on October 9th at 1:00 pm
- Wedding Dresses through the Years on October 10th at 1:00 pm.
- Old Lyme Health and Wellness and Flu Clinic will be held on Saturday, October 13th from 8:00 am - 12:00 pm.
- Authentic German Folk Music with John Banker on October 23rd at 1:00 pm.
- Veteran's Seminar presented by Fulton Theroux Funeral Services will be held on October 24th at 1:00 pm.
- Medicare Open enrollment Updates and 2019 Changes Plans presented by John Pitarra from Senior Health Insurance on October 26th at 1:00 pm.
- 6th Annual Veterans' Appreciation Luncheon on Tuesday, October 30th at 1:00 pm. All veterans are invited to attend this free luncheon. Please call 860-434-1605 ext. 240 before

October 15th if you are a veteran and wish to attend! The luncheon is sponsored and prepared by Atria Crossroads Place.

- Halloween Celebration on Wednesday, October 31st at 12:00 pm. We will give away a free lunch to the first 30 seniors that sign up AND arrive in costume. Come celebrate the day with us!! Please remember that you need to call 860-434-4322 and sign up for lunch before 10:45 am on October 30th.
- AARP Driving Course on Friday, November 2nd from 1:00 pm - 5:00 pm. Call 860-434-1605 ext. 240 to sign up. Cost is \$15.00 for members/ \$20.00 for non-members. Checks written to AARP only, no cash will be accepted.
- Leonard Bernstein, An American Treasure on November 6th at 1:00 pm.
- Showtunes with Singer Marcy Conway on November 7th at 1:00 pm.
- Get Your Happiness On (Part 2) with Jennifer McManus from Atrinity on November 13th at 1:00 pm.
- Experience with Raising Guide Dogs on November 14th at 1:00 pm.
- Thanksgiving Luncheon with Entertainment by an Elvis impersonator on November 15th at 12:00 pm. (\$3.00)

Sign up required by November 1st. Call 860-388-1611 to sign up.

- Using Technology to Stay Safe in your Home presented by Lisa Kunz of Helping Hands- Healing Hearts in November 20th at 1:00 pm.
- Tales of New England by Storyteller Monica Peterson on November 27th at 1:00 pm.
- Cyber Security Basics - Presented by Fulton Theroux Funeral Home on November 28th at 1:00 pm.
- Holiday Tree Trimming on November 29th at 12:45 pm.
- Old Lyme Town Band Holiday Concert on Sunday, December 2nd at 2:00 pm.
- The Link Between Nutrition and Your Health & How Nutrition Response Testing Can Help You! Presented by Cara Joseph on December 5th at 1:00 pm.
- Come enjoy a special holiday performance from our very own Lymes' Senior Center Dancers on December 12th at 1:00 pm.
- Christmas around the World Performance by Jose Paola and friends on December 18th at 1:00 pm.
- Holiday Luncheon and the Old Lyme Select Singers on December 20th at 12:00 pm. (\$3.00) Sign up required by December 6th. Call 860-388-1611 to sign up.

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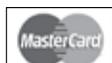
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Lymes' Senior Center Trips

When registering for any of the below trips, you can sign up yourself and one other person only. Payment is due upon registration. Please stop by the Senior Center office.

Day Trips

Registration begins on the dates noted below. Register as soon as you can. Trip counts are required a month in advance to determine if we have the minimum number for a trip to run. Detailed flyers available for all Day Trips.

- **Thu, Sep 6th** - Enjoy an afternoon at Theater by the Sea for their production of "Chicago." Choice of lunch entrée at the Bistro by the Sea. Trip fee is \$84pp. Registration has begun. Minimal walking.
- **Wed, Sep 19th** - Join us for our annual excursion The Big E in Springfield, MA. Trip fee is \$46pp. Lunch not included. Registration has begun. Lots of walking.
- **Tue, Oct 9, 2018** - Vermont Living Trip. Trip starts at Grafton Village Cheese in Brattleboro, VT for an experience in the art of Vermont cheese making. Followed by lunch at the Anchor located in the Wilmington's Historical District (charming replica of a circa 1850s maple syrup cannery building). After noon at the Adams Family Farm pulled wagon ride through maple sugar grove, sheep herding demo, and small stops along the way learning about the agricultural history of VT and finishes with free ice cream. \$99.00. Sign up started August 1st.
- **Tue, Oct 23rd** - Enjoy a special night at the Jack o' Lantern Spectacular. Experience the glow of thousands of pumpkins, set in a magical display of artistry at the Roger Williams Park Zoo. Time at Providence Place Mall to enjoy an early dinner and shopping prior to the spectacular. \$66.00. Lots of walking.
- **Thu, November 1st** - Join us for a trip to the Mohegan Sun Casino. No meal included but you will receive a casino package. Trip fee is \$22pp. Registration began September 1st. Moderate walking.
- **Sun, Nov 4th** - Off to the Warner Theatre in Torrington, CT for the 2:00 pm performance of "Newsies." Register as soon as possible. Lunch included. Trip fee is \$100pp. Registration has begun. Minimal walking.
- **Mon, Nov 12th** - Help us to celebrate Veterans Day going to a USO Show at the Aqua Turf in Plainville, CT. Lunch included. Trip fee is \$72pp. Registration has begun. Minimal walking.
- **Tue, Dec 4th** - It's time again for the Radio City Christmas Spectacular. Register as soon as possible. Lunch included. This will be a 5:00 pm show. Trip fee is \$167pp. Registration has begun. Moderate walking.

Overnight Trips/Cruises

No restrictions. Detailed flyers available.

- **October 17-19, 2018** - Join us for our annual trip to Lancaster, PA to visit the Sight and Sound Millennium Theater and enjoy their production of "Jesus." 3 day/ 2 night stay at the Cork Factory, 6 Meals, 2 Tasting Experiences, Kitchen Kettle Village hands-on experience, painting party with instructor from Zole Art Factory \$595/ double, \$545 triple, \$755/ single. Registration has begun.
- **Nov 27-29, 2018** - Stowe, VT to the Trapp Family Lodge, 3 day, 2 night trip which includes guided tour of Stowe, Ben & Jerry's Factory Tour and Trapp Family History Tour. \$601/double or triple, \$781/single. Registration has begun.
- **May 5-12, 2019**-Bermuda, 8 day, 7 night cruise on Celebrity Summit, includes roundtrip transportation to Pier, Spend 3 days docked in King's Wharf, 7 nights aboard the Celebrity Summit, all meals on board with Celebrity's 5-start cuisine, variety of award winning entertainment, ship shop cocktail party onboard, island tour of Bermuda, professional ship shop escort. \$1249.00 pp based on double occupancy. Registration has begun.
- **Aug 22- Sept 1, 2019** - 11 day, 9 night stay, Escorted London Stay & Trans-Atlantic Cruise aboard the Queen Mary 2, includes transfer to airport, 1 way flight to London, 2 night hotel and transfer, half a day guided sightseeing tour, dinner and West End Theater tickets, 2 continental breakfasts, 7 night Trans-Atlantic Cruise Southampton to New York, transportation back to Connecticut from New York, and a Ship Shop Escort. \$3779.00pp based on double occupancy. Registration has begun.
- **November 9-24, 2019**- 16 Days/ 15 nights New York to Panama Canal - Escorted Cruise from New York to Tampa, includes partial transit of Panama Canal. Motorcoach transportation to NY Pier and home from airport, flight from Tampa to Bradley, 15 night cruise aboard the Norwegian dawn visiting Curacao, Aruba, Santa Marta Columbia, Cartagena Columbia, Panama Canal, Colon Panama, Puerto Limon Costa Rica, Roatan Bay Islands, Harvest Caye (Private Port), Costa Maya, and Tampa. All meals onboard with freestyle dining, entertainment, casino, fitness center, & lots of daily activities, professional Ship Shop escort, exclusive Ship Shop parties & events. \$1999.00 pp based on double occupancy. Registration has begun.



WHAT IS 2-1-1?

It is Connecticut's free and confidential information and referral service. knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours-a-day, every day of the year. TDD access is available. Visit the website for more information: <http://www.211.org/#>

Town of Old Lyme Social Services Department

HEATING ASSISTANCE

We are currently accepting appointments for the Connecticut Energy Assistance Program (CEAP), which may help income eligible households in paying for their heating costs during the winter months. Households are determined eligible based on state income and asset guidelines. We are the intake site for residents of Old Lyme. Applications are then processed through TVCCA. You may be eligible for benefits even if heat is included in your rent payment (depending on your income and rent amount.)

OL Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

FOOD RESOURCES IN OLD LYME:

- **Shoreline Soup Kitchen and Pantries:** Old Lyme's meal site is at the First Congregational Church on Saturdays from 9:00 am - 10:00 am. The weekly pantry is at the same location, Saturday from 9:00 am - 11:00 am. Residents may also participate at the other shoreline sites - go to: www.shorelinesoupkitchens.org for details.
- **Meals on Wheels:** Through the Estuary Council in Old Saybrook. Call 860-388-1611 ext. 217. For seniors age 60 or over.

- **CT Food Bank Truck/Mobile Pantry:** 4th Thursday of the month from 1:30 pm - 2:30 pm at Grace Episcopal Church in Old Saybrook (open to Old Lyme residents.)
- **SNAP (Supplemental Nutrition Assistance Program):** Paper applications are available in the Social Services office in the Town Hall. Assistance for applications and redeterminations is available through End Hunger CT. Call: 1-866-974-7627, or go to ctsnap.org.
- **Food closets** are small collections of food located at both the Lymes' Senior Center and in the Social Services office at the Town Hall.

Old Lyme Social Services offers help with information & referrals, paperwork and documentation processing for many of the state and federal programs available to residents. We work together with LYSB for the holiday giving program and Warm the Children. For more information, or to schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator at: 860-434-1605, ext. 228 or email: socialservices@oldlyme-ct.gov.

Office hours are:

Mondays: 12:00 pm - 4:00 pm,
 Wednesdays: 9:00 am - 1:00 pm, and
 Fridays: 9:00 am - 1:00 pm or by appointment.

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Old Lyme Visiting Nurse Association

Last spring the Old Lyme Visiting Nurse Association awarded scholarships to LOL Seniors Emma Paynter, Cara Cahill and Madeline Ouellette, while Lauren King, Hope Femia and Lily Chamberlain received scholarships from the Noyes Scholarship Fund. All of these graduates plan to pursue degrees in a healthcare field. We wish them all the best.

Town Nurse Karen Veselka continues to hold office hours at the Lymes' Senior Center on Monday through Friday from 11:00 am to 1:00 pm. There is no charge, and no appointments are needed for visits. Karen also provides house calls to residents who are sick at home, and she can coordinate additional services through our agency, the Visiting Nurse Association of Southeastern Connecticut. Karen's phone number is: 860-434-7808.

We encourage Lyme and Old Lyme residents to consider joining our roster of directors and associates. From September to June, the directors meet on the second Monday of each month at Town Hall at 1 pm. If you're interest in learning more, we hope you'll get in touch with us at: 860-434-1222 or email us at: oldlymevna@gmail.com. Or come to our Annual Meeting of the Board on Monday, September 10 at 1 pm at Town Hall.

HEALTH AND FLU CLINIC OCTOBER 13

The OLVNA will hold our annual Health and Flu Clinic on October 13 from 8:00 am to 12 noon at the Lymes' Senior Center. In addition to flu shots, this clinic will provide a range of complimentary medical services, including eye exams, hearing tests, and blood pressure readings.

VFW Helping All Veterans in Need

Greetings!

It is my pleasure to be the State Commander of the Veterans of Foreign Wars Department of Connecticut. As a Vietnam Veteran who believes in who we are and what we do, I feel it is imperative that we focus on one mission Helping All Veterans in Need. It is for this reason that we devote this year to reaching out to current and future veterans to let them know what we can do for them.

As members of the VFW, we must be committed to doing our very best to contact the recently returned veterans to tell them about the benefits of belonging to the VFW and what we, their new comrades, can offer them. We also need to really listen to them, to hear what they have to say about what they want this organization to do for them. A recently returned veteran recently wrote, we need a positive environment and a powerful network, like our military family, to help us navigate our future. This means that we need to listen to their needs, encourage them to join the VFW and mentor them so we can close the gap they feel when they return be the family that the military was for them. We cannot do all this alone. Our partner in this effort is the VFW Auxiliary.

They are a dedicated team of individuals who believe in the VFW mission and its service to stand ready to assist any veteran in need. We must include the Auxiliary in everything we do in the community to show how strong our collective commitment is to all veterans and their families.

continued on page 34

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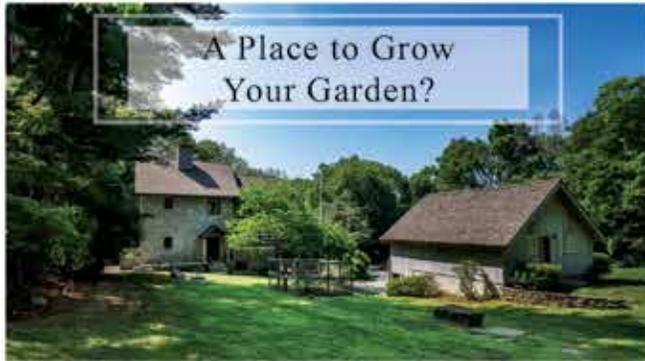
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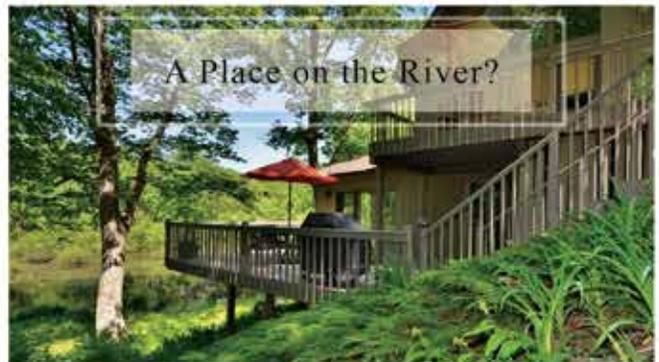
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VFW... continued from page 32

This is going to be a year of change for the VFW Department of Connecticut and I look forward to meeting and listening to all of you. We will be strong if we focus on our mission of Helping All

Veterans in Need. Can I count on you to help with this?

Thank you for your commitment to the VFW Department of Connecticut.

If you are a veteran in need of assistance, PLEASE call our State Service Officer Robert Tozzoli at: 860-594-6610 or e-mail at: robert.tozzoli@va.gov.

Lyme-Old Lyme Education Foundation's Bound for the Sound Road Race for Education

What better way is there to mark the last day of summer than by running in the Bound for the Sound Race for Education? Join us on September 22, 2018, for a beautiful 10K or 5K run. Races start at Old Lyme's Sound View Beach and wind through the town's picturesque natural vistas. The race course is mostly flat with some gently rolling hills along country roads, ending with a sprint down historic Hartford Avenue to the beach. There is also a 1 Mile Fun Run. This popular road race is perfect for runners at all levels, from those seeking to achieve a personal best to first time racers.

Prizes will be awarded to the top overall male and female finishers as well as top two finishers in each age group. And, race T-shirts will be available to the first 150 registrants. Come on out and celebrate the end of summer, get your workout in, and support a great

organization at the same time! Fees will increase for race day registrants, so register online now at: www.lolef.org.

Looking ahead, don't forget to mark your calendar for LOLEF's next event. Volkswagen presents Warren Miller's "Face of Winter" on December 6, 2018, at 7:30 pm in the high school auditorium.

The LOLEF is a charitable organization that provides financial support for educational projects, enrichment programs and innovative initiatives not typically funded by Regional District 18 or other governmental entities. LOLEF has awarded grants for educational initiatives benefiting our youngest students to our senior citizens. You can find out more about the grants that have been awarded, as well as how to apply for a grant, at www.lolef.org.



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Two Local Groups Join Forces to Promote Adult Literacy in Haiti

Old Lyme's The Crosby Fund for Haitian Education, www.crosbyfund.org, and Sister Cities Essex Haiti, www.Sistercities.esexhaiti.org, have created a new collaborative effort to further literacy for adults in rural Deschapelles, Haiti.

Many rural Haitians have the basic skills needed to survive but cannot read or write. The Crosby Fund, established in 2004 has expanded its original mission, providing scholarships for youth who would not otherwise be able to attend school. (The Fund currently serves over 463 students in more than 80 schools) The Crosby Fund

now has a government approved "Adult Literacy" program for adults primarily over the age of 40. The program currently has 116 students.

Sister Cities Essex Haiti, founded in 2010 after the earthquake, collaborates with an all-volunteer organization in Deschapelles supporting projects requested by the community that benefit the community. Their major project is the Deschapelles Community Library which has over 4,000 books in French and Kreyol. (Most residents of Deschapelles lack electricity and access to books was very limited) The

Deschapelles Community Library welcomes these adults and enables them to read books in Kreyol with illustrations that supplement the text. Two reading clubs have begun: a Reading Club for the adults who can gather at the library and read books together, and a Club for youth to read one-on-one with their newly literate elders.

All the leadership and activities in these two organizations are run by local Haitians. Their support by the generous donors from each side of the CT River make all the difference.



Tracing Ownership

A local resident is trying to trace the ownership of this engraving "The Signing of the Death Warrant of Lady Jane Grey," donated to the annual White Elephant Sale at the 1st Congregational Church of Old Lyme. This engraving, dated 1848, was part of a series made by the American Art Union in New York for its members.

If you have any information please contact her at: janeludington@gmail.com or: 919-904-0656.



1 Sill Lane, Old Lyme | This home is a special blend of the old and the new. One of Connecticut's oldest homes, George Washington danced in the house when it was the Peck Tavern and it once served as the Old Lyme Art Guild.
Offered at \$1,195,000



56 Sill Lane, Old Lyme | This two Bedroom, two Bath home abounds with character and charm. Close to the Old Lyme Village, this home also makes an ideal country retreat.
Offered at \$395,000

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3 Beaver Brook Road, Lyme | This 1745 barn has undergone a complete renovation transforming it to a spectacular home. The open floor plan, high ceilings, original beams and glistening blond wide wood floors throughout create a cheerful atmosphere.
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424 Hamburg Road, Lyme | This Contemporary waterfront home sits directly on the banks of Eight Mile River. Long water views and magical sunsets are enjoyed from multiple angles of the home. *Offered at \$399,000*

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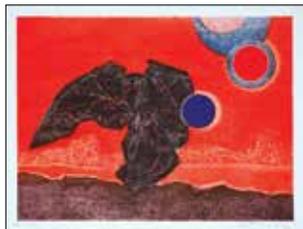


Florence Griswold Museum

FLORENCE GRISWOLD MUSEUM 1

Paper Trail:

American Prints, Drawings, and Watercolors follows the “paper trail” of acquisitions and gifts made to the Museum, including, Gabor Peterdi’s Red Red Eclipse, below. This 1967 color etching and aquatint on paper was given to the Florence Griswold Museum by Charles T. Clark.



FLORENCE GRISWOLD MUSEUM 2

Ten years of faerie fun!

All ages enjoy exploring the Museum’s annual Wee Faerie Village!

FLORENCE GRISWOLD MUSEUM 3

For over ten years, visitors from across the region have admired the painted palettes on Miss Florence’s Artist Trees. Nearly 200 noted artists from across the country have donated works to this one-of-a-kind holiday icon.

THE MUSEUM’S FALL EXHIBITION CELEBRATES SELDOM-SEEN WORKS ON PAPER AND OCTOBER BRINGS THE 10TH ANNUAL WEE FAERIE VILLAGE

Within the Florence Griswold Museum’s collection, works on paper represent a key component of the institution’s “founding documents.” Paper Trail: American Prints, Drawings, and Watercolors, on view September 29, 2018 through January 27, 2019, highlights the importance of these work. During the Lyme Art Colony’s heyday artists gathered around Florence Griswold’s parlor table to make drawings-playing the “Wiggle Game”-an amusement where one artist was challenged to finish a drawing of disparate lines begun by another. From that kernel of works the collection has grown in scope to include Connecticut artists using ink, graphite, watercolor, and pastel on paper from Colonial times to the present. This exhibition follows the “paper trail” of acquisitions and gifts made to the Museum over its long history to examine how artists’ approaches to process, including drawing, etching, painting, and lithography, connect and speak to each other over time. In addition to showcasing artists at the Lyme Art Colony, collection highlights include works on paper by Anni and Joseph Albers, Fidelia Bridges, James Daugherty, Sol LeWitt, James Martin, Thomas Nason, and Mary Way.

Lyme Art Association

NEW ENGLAND LANDSCAPE EXHIBITION.

On View: September 28 to November 9.

Lyme Art Association member artists and select invited artists will be exhibited in this annual exhibition of landscape paintings from around New England. Opening Recep-

tion on Friday, October 5, 5:00 pm -7:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme 860-434-7802; lymearth.association.org

DECK THE WALLS AND WORK BY NEWLY ELECTED ARTISTS

On View: November 16 to January 4, 2019.

The Lyme Art Association’s annual member show and sale featuring more than 200 works of art in all themes, sizes and **continued on page 38**



Can you believe it’s been 10 years since the first Wee Faerie Village?!

This annual event draws over 15,000 visitors to the area during the month of October. As well as enjoying the Museum’s offerings, we encourage visitors to spend time at local businesses and return throughout the year. This year’s theme, Lettersburg Junction, has visitors of all ages exploring faerie homesteads that resemble the A, B, Cs. An Alpine A-frame? A Beach Bungalow? A Casa on the Corner? On display on the Museum’s grounds are over 30 miniature dwellings created by artists and designers. Check FlorenceGriswoldMuseum.org for all the special programs, from crafts and workshops to musical performances and parades. The Museum will be open Columbus Day with an array of exciting activities! Don’t miss the faerie fun September 29 through October 28.



DECEMBER IS DELIGHT-FILLED AT THE MUSEUM.

We have extended this year’s Magic of Christmas celebration from November 23, 2018 through January 6, 2019! NEW this year, the Florence Griswold House will be decorated to put the “magic” in the Magic of Christmas. Visitors will also enjoy Miss Florence’s Artist Trees, designer Fantasy Trees, Christmastime Teas, special events for families, hands-on crafts for children and adults, and wonderful items in The Shop are sure to bring holiday cheer!

Biking through barriers

OCTOBER 14



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Lyme Art Association... continued from page 36

mediums, well priced for holiday gift giving. Works by newly Elected Artists will be on view in the Goodman Gallery. Opening Reception on Sunday,

December 2, 2:00 pm - 4:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is

suggested. Lyme Art Association, 90 Lyme Street, Old Lyme 860-434-7802; lymeartassociation.org.

Upcoming Events at Lyme Academy College of Fine Arts

FIGURATIVE MOVING FORWARD

The Future of Art: Exhibition of Recent Visiting Artists



Image, left: Robert Taplin, *Riot 1 (Running)*, Cast Resin, Stainless Steel, 16" x 24" x 9", 2018.

Exhibition on View:
September 28 - November 10, 2018.
Opening Reception: Friday,
September 28, 5:00 - 7:00 pm.

Monday - Saturday, 10:00 am - 4:00 pm. Chauncey Stillman Gallery

Artist Lecture with Internationally Acclaimed American Painter and Sculptor, Eric Fischl

October 25, 5:00 - 7:00 p.m. | \$15. Reception at 5:00 pm. Lecture at



Photo above,
by Ralph Gibson.

6:00 pm. RSVP Required. For more information go to: www.newhaven.edu/lyme

FACULTY EXHIBITION

Exhibition on View:
November 28 - January 26.
Opening Reception: Friday,
December 7, 5:00 pm - 7:00 pm.
Chauncey Stillman Gallery

STUDENT HOLIDAY ART SALE

Opening Reception: Friday, December 7, 5:00 pm - 7:00 pm.
Art Sale on View: December 7 - 14.
Sill House Gallery

Duck River Garden Club Welcomes Public to Fall Programs

One doesn't have to have a green thumb to enjoy these upcoming presentations hosted by Duck River Garden Club of Old Lyme - programs are open to the public, club membership is not required. We welcome you to come get to know us, starting with 6:30 pm social and 7:00 pm program in Old Lyme Memorial Town Hall, followed by business meeting for our members:

Tuesday, Sept. 25

10 Trends and Ideas that Landscape Professionals Wished Home Gardeners Knew, by Kathy Connolly, Speaking of Landscapes.

Tuesday, Oct. 23

Predators in our Backyard, by Kim

Hargrove, Denison Pequotsepos Nature Center.

Tuesday, Nov 27

Lyme Garden Club joins us for floral design creations for the holidays by Trish Manfredi. Social at 5:30 pm, program starts at 6:00 pm.



Photo above,
by Samantha Barretta.

DRGC congratulates our newest scholarship recipient Samantha Barretta, left. A 2018 graduate of Lyme-Old Lyme High School, Samantha is attending University of

Connecticut to study animal science. She is the daughter of Karen and Bill Barretta, Lyme.

Since 1980, DRGC has offered at least one scholarship per school year to deserving high school seniors who reside in Lyme and Old Lyme and major in horticulture, science or related fields. Applications for the \$1500 scholarship will be available at LOL High School guidance office in January 2019.

See more about us at <http://www.oldlymeduckrivergc.org>, contact Fay Wilkman, DRGC president at: 860-391-2622 or wilky286@msn.com.

Rogers Lake Authority News

The water quality of Rogers Lake is the best it has been in years. Thank you to everyone for your efforts in making this happen. Continue to be careful with the application of fertilizers and please don't feed the geese and other wildlife.

The Rogers Lake Authority is in the planning stages to sponsor a Yale University presentation on their alewives and water quality study this fall. Monitor the Town website for details.

The Rogers Lake Authority asks for your assistance in reporting unsafe

activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website at: http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake. Click on "Report Boating Violation." For situations that require immediate action dial 911. Thank you for your assistance. Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

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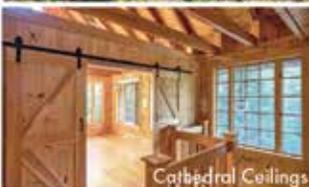
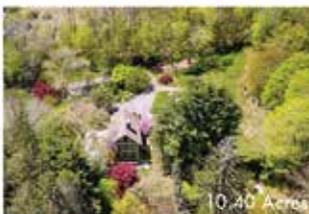
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Unusual White Wines

There are so many different grapes grown in the world making for a vast amount of interesting wines. Every once in a while we should explore some of these unusual wines. Here are just a few wines that are slowly growing in popularity.

The first wine we will discuss comes mostly from the country of Austria. The grape is called Grüner Veltiner, this being the most widely grown grape in that country. The wine is late harvested but it does develop into a slightly peppery, full bodied, but dry crisp finish. The wine can also age well to become a richer and more complex wine. The next wine has become a very popular as a just sitting around sipping wine. It is from Portugal, called Vinho Verde, which means "Green Wine." The wine is light in color and also light in body. The wine has good acidity and a little spritz to it. The region it is grown in is controlled by law not to produce a wine to exceed 11.5% alcohol content. Due to this, the wine should be drunk young, as it will be most refreshing at this point.

Muscadet is a wine produced in France at the beginning of the Loir valley. The Muscadet area only grows one grape, Melon de Bourgogne, which has been around since the 17th century. The most predominate growing region for this wine is Muscadet-Sèvre et Maine where as much as 75% of this wine



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is produced. The wine produces a slight minerally and limestone flavor, which is a great wine to pair with shellfish and other seafood dishes. Some of these wine areas are also labeled Sur Lie under the name of Muscadet. This means the wine “rests on the lees,” (which is the dead yeast, left over seeds and pulp from the grapes produced during the wine process, right

after fermentation). This gives the wine slightly more body. Enjoy these light refreshing wines for the summer, pairing them with light dishes or just drinking them on their own. Cheers!

Art LiPuma
 Manager, SeaSide Wine & Spirits

State Withholding on IRA Distributions Paid to Connecticut Residents

A new rule is in effect for Connecticut residents with taxable pension, annuity or IRA distributions. For 2018, any entity making taxable pension or annuity payments or distributions from an IRA (or other tax-deferred retirement plan such as a 401(k), 403(b), or tax sheltered annuity) to a resident of Connecticut will be required to withhold state income taxes from those payments at the default rate of 6.99%. Eligible account holders/payment recipients may elect a lesser withholding rate or amount by providing the payer with

a properly completed Form CT W-4P Withholding Certificate for Pension or Annuity Payments. This form is available at: www.ct.gov/drs.

This new requirement applies to pensions, annuities and retirement accounts. This may be a good time to meet with your tax advisor to review your overall withholding or estimated payment plan for 2018. The IRS updated the income-tax withholding tables for 2018 to reflect changes made by the Tax Cuts and Jobs Act at the end of

2017. It’s worth remembering that under-withholding may lead to an unexpected tax bill instead of an anticipated refund as well as the potential for incurring penalties.

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Old Lyme Historical Society



Jim Lampos and Michaelle Pearson present Sound View: America's Oldest Public Beach at OLHSI, July 30, 2018.

Located in the former Grange Hall at 55 Lyme Street, we are an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

When the Old Lyme Grange moved their meeting hall to its new location on Lyme St., they also made major additions.

They extended the building significantly to create a stage in the main hall, and built a dining area and kitchen on the ground floor below. The renovated Grange Hall of 1928 was designed for meetings of course; but also to host the performances, lectures, dances, and community suppers that had long been the main social events for education and entertainment alike.

The original kitchen (alas!) was long gone when the Old Lyme Historical Society acquired the building. Our climate-controlled archive and a reading room now take up the ground floor. Removing a mid-century dropped ceiling allowed the original bead-board of the main hall to shine once again. The "Grand Drape" (a stage backdrop and fire curtain from 1928) has been

carefully restored. Its advertisements for local businesses of the day show a surprising number of still-familiar names. The last major project is the installation of a lift to make our whole facility handicapped-accessible. Work is well advanced at this writing (early August). With successful fundraising, the lift should be installed by the time you read this.

With our own restoration and renovations nearing completion, the Old Lyme Historical Society continues the tradition of public events in this historic space with a Summer/Fall lecture series. The photo left, shows the first of this series given in July. Coming up this month is a talk by Wick Griswold on Connecticut ferries (Monday, September 17, 7:00 pm). Old Lyme's Town Historian, Dr. John (Ned) Pfeiffer will speak about local history on Monday, October 1 at 7:00 pm. Additional lectures are in the works.

Don't miss the OLHSI Plant Sale: Saturday, October 13 at 55 Lyme St. You will find beautiful fall annuals and perennials at great prices!

Please check our web site at: <http://www.olhsi.org> for further details of these and other upcoming Historical Society events. Mail, phone or visit us at: Old Lyme Historical Society, Inc., 55 Lyme St., P.O. Box 352, Old Lyme, CT 06371 | 860-434-0684.

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Holiday Time is Cookie Time!



Above, choose the cookies you want to buy! Below, there's a wide variety of cookies!



If you find yourself with no time for baking this holiday season, be sure to stop by the Child & Family Agency HOLIDAY COOKIE WALK on Saturday, December 1 at the Old Lyme Town Hall!

What is a "Cookie Walk"?

Our volunteers bake a variety of holiday cookies, and we display them so visitors can walk by and choose their own cookies. At the Cookie Walk, YOU decide which cookies - and how many - you want

to purchase. Cookies are then weighed and boxed for purchase. Get there early for the best selection! Also available for sale will be sets of note cards depicting local scenes of Lyme and Old Lyme, ornaments, tote bags, and Child & Family Agency cookbooks. Proceeds benefit the programs and projects of Child & Family Agency of Southeastern Connecticut.

The Cookie Walk is on Saturday, December 1, from 9:00 am to noon (or as long as the cookies last!), in the Old Lyme Town Hall on Lyme Street, along with LYSB's Santa. While you're choosing cookies, the kids can get a picture taken with Santa (donations to LYSB, the Lymes Youth Service Bureau)!

Child & Family Agency is a private, nonprofit organization whose mission is to nurture children and families to develop their strengths through service, partnership, and advocacy. With offices in New London, Essex, and Groton, and programs dealing with children's health care, child abuse, family violence, teen pregnancy, parent education, and child guidance, Child & Family Agency is the largest nonprofit children's service provider in southeastern Connecticut. Volunteers and supporters are always welcome. For more information, see www.childandfamilyagency.org. Questions on the Cookie Walk should be directed to CFA.LOLauxiliary@gmail.com.

Annual Harvest Festival

The Harvest Festival takes place at Christ the King Church, 1 McCurdy Road, Old Lyme, on Saturday September 15, 2018, from 8:30 am to 3:00 pm. The Rummage Sale, Bake Sale, and Plant Sale will continue after the Masses Sunday morning (September 16) from 9:00 am to 12 noon (with steep discounts on Rummage Sale items, while supplies last!). Visit www.christthekingchurch.net for directions. For more information, call: 860-434-1669.

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Joey Logano – Inspiring others to do for others

by Sigrid Kun

Professional NASCAR driver Joey Logano started his racing career right here in Connecticut racing quarter midget cars and quickly made a name for himself. Starting at the age of six, the Middletown, CT native started winning championship after championship – to the point that, by the time he was 15, he was already on the radar with NASCAR racing legends. Now, he's always to be reckoned with on the NASCAR racing scene, competing full-time in the Monster Energy NASCAR series and part-time in the NASCAR Xfinity series.

THE STATS ARE IMPRESSIVE.

- Youngest driver to win a NASCAR Xfinity Series race - winning at Kentucky Speedway in 2008 when he was just 18 years, 21 days old and in only his third Xfinity Series start.
- 2009 Monster Energy NASCAR Cup Series Rookie of the Year
- Won the Daytona 500 in 2015 - Second youngest driver to win this race.
- 49 combined wins in NASCAR's top-three series

There is, of course, the glitz and the glamor that pervades NASCAR as a whole. And there's the occasional race-action controversy. And there are the ups and downs. After early successes (leading to the nickname, "Sliced Bread") and nearly winning a championship in 2016, Joey failed to make the playoffs in 2017. This year could mark a turnaround. Joey notched a win at Talladega Superspeedway in April, which ended a nearly year-long winless streak and, as of press time, he is fifth in the NASCAR Championship Point Standings.

But there's more to the 28-year-old than that. Joey and his wife Brittany, whom he married in 2014, welcomed their first child into the world this past January. Joey and Brittany have also been very committed to giving back. In a previous conversation, Joey mentioned, "If we can touch a few people's lives and help them become contributing members of our community and the world, it's really going to make a difference and it starts one person at a time." That's the crux of the Joey Logano Foundation that invests in organizations offering second chances to children and young adults during times of crisis and works to inspire others to live a life of generosity.

WHY SECOND CHANCES?

First, there was a life-changing visit to Joplin, Missouri in 2011 where Joey helped to rebuild a home for a local family following the tornado that devastated the area. That family needed a second chance. Little did Joey know that he would soon need his own second chance. He had been driving the No. 20 Toyota Camry for Joe Gibbs Racing since the 2009 season, but that ended in 2012. He received his second chance when he was picked up by Penske Racing in 2012. The following year, the Joey Logano Foundation was established.



Upper right: Joey Logano. Middle photo: Number 22 on the track. Bottom left: Joey and his wife Brittany at a Meet and Greet. Photos courtesy of the Joey Logano Foundation.

Since 2013, the foundation has invested almost \$2.7 million in various organizations across the country. Programs include inviting children who are facing tough situations (whether physically and/or emotionally) annually to a NASCAR race to be part of the crew for the day, supporting non-profit organizations during the 10-week NASCAR playoffs in each playoff race market, assembling and donating comfort care backpacks to foster and/or terminally ill children, and an annual fundraiser in Connecticut, called Driving Hope Home. A portion of the Driving Hope Home proceeds are donated to The Ronald McDonald House of Connecticut with the remaining proceeds donated to reputable charities the foundation supports to offer children in need a first or second chance. "It's our responsibility. You have to do it. If we're not going to do it, who else is going to be an advocate for these kids," says Brittany, who notes that first chances are important too. "They need a first opportunity in life. If we can shed light to this and inspire others to do the same, we can have a bigger impact than the two of us. That's our goal."

There is no doubt that Joey is a fierce competitor and a pure NASCAR racing talent. But don't overlook the other side. "When you are able to make a difference like that, you can see it in that person's face, how much it affects their lives - there's no better feeling than that," he observes. "I can talk about race wins as much as I want and how great that is but there's nothing better than that win - when you're able to affect something. That's a bigger win than any racetrack can get you."

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